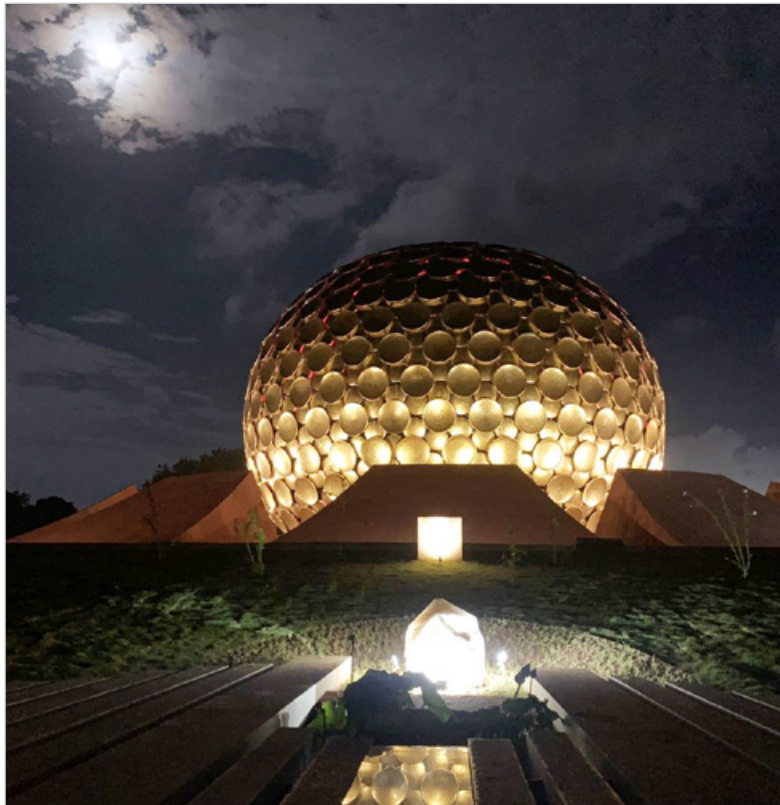




News Notes

#1081 A weekly bulletin for residents of Auroville 29 May 2025



Garden of Light, Matrimandir. Photo by Terra

*"Open your heart and the Light will enter and dwell within it."
The Mother, 12 January 1948*

Pondering



"Intellectual, volitional, ethical, emotional, aesthetic and physical training and improvement are all so much to the good, but they are only in the end a constant movement in a circle without any last delivering and illumining aim, unless they arrive at a point when they can open themselves to the power and presence of the Spirit and admit its direct workings. This direct working effects a conversion of the whole being which is the indispensable condition of our real perfection. To grow into the truth and power of the Spirit and by the direct action of that power to be made a fit channel of its self-expression,—a living of man in the Divine and a divine living of the Spirit in humanity,—will therefore be the principle and the whole object of an integral Yoga of self-perfection."

*Sri Aurobindo, The Synthesis of Yoga,
The Integral Perfection*

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House of Mother's Agenda



(continued from last week)

The secret thing, *guhyam*, that all deep spiritual knowledge reveals to us, mirrored in various teachings and justified in the soul's experience, is for the Gita the secret of the spiritual self hidden within us of which mind and external Nature are only manifestations or figures. It is the secret of the constant relations between soul and Nature, Purusha and Prakriti, the secret of an indwelling Godhead who is the lord of all existence and veiled from us in its forms and movements. These are the truths taught in many ways by Vedanta and Sankhya and Yoga and synthetised in the earlier chapters of the Gita. And amidst all their apparent distinctions they are one truth and all the different ways of Yoga are various means of spiritual self-discipline by which our unquiet mind and blinded life are stilled and turned towards this many-aspected One and the secret truth of self and God made so real to us and intimate that we can either consciously live and dwell in it or lose our separate selves in the Eternal and no longer be compelled at all by the mental Ignorance.

[B.G.18.63](#) The more secret thing, *guhyataram*, developed by the Gita is the profound reconciling truth of the divine Purushottama, at once self and Purusha, supreme Brahman and a sole, intimate, mysterious, ineffable Godhead. That gives to the thought a larger and more deeply understanding foundation for an ultimate knowledge and to the spiritual experience a greater and more fully comprehending and comprehensive Yoga. This deeper mystery is founded on the secret of the supreme spiritual Prakriti and of the Jiva, an eternal portion of the Divine in that eternal and this manifested Nature and of one spirit and essence with him in his immutable self-existence. This profounder knowledge escapes from the elementary distinction of spiritual experience between [B.G.7.19](#) the Beyond and what is here. For the Transcendent beyond the worlds is at the same time Vasudeva who is all things in all worlds; he is the Lord standing in the heart of every creature and the self of all existences and the origin and supernal meaning of everything that he has put forth in his Prakriti. He is manifested in his Vibhuti and he is the Spirit in Time who compels the action of the world and the Sun of all knowledge and the Lover and Beloved of the soul and the Master of all works and sacrifice. The result of an inmost opening to this deeper, truer, more secret mystery is the Gita's Yoga of integral knowledge, integral works and integral bhakti. It is the simultaneous experience of spiritual universality and a free and perfected spiritual individuality, of an entire union with God and an entire dwelling in him as at once the frame of the soul's immortality and the support and power of our liberated action in the world and the body.

(to be continued next week)

Sri Aurobindo—*Essays on the Gita,*
The Supreme Secret

<https://incarnateword.in/cwsa/19/the-supreme-secret>

Gangalakshmi (HOMA)

Townhall Speaks

Office of the Secretary, Auroville Foundation
No. Avf-Timber Auction/2025/01
Date: 22-05-2025

SHORT-TERM TENDER-CUM-OPEN AUCTION

It is hereby notified that a **Short-Term Tender-cum-Open Auction** will be conducted for the sale of timber of the following species: **Acacia/ Pencil Wood, Neem, Khaya Si-venthenia, Thailamaram, Atcha, Peltophorum/ Service tree, Mayil Konnai, Pulian.**

The Eligible contractors, firms, and individuals are invited to participate in the auction. **The last date for submission tender application is 3 June 2025 at 5pm.**

Interested parties may inspect the available timber at the yard during office hours, from 9:30am—5:30pm.

For further details, including terms and conditions, please refer to the official auction document available at www.aurovillefoundation.org.in.

Officer on Special Duty
Submitted by Dominique

GUEST REGISTRATION SERVICE SUMMER SCHEDULE

9:30—12:30, Monday—Saturday

Guest Registration Service at Town Hall will be open:

- **ONLY in the mornings** during the month of May 2025
- and **closed in the afternoons.**

Rajeswari for GRS Team, grs@auroville.org.in

Community News

Matrimandir News & Schedules



THE MATRIMANDIR Inner Chamber Closure 26 May—8 June

Important Notice! The Matrimandir, Petals and Lotus Pond will remain closed for Aurovilians, Newcomers, Volunteers and Visitors' starting from 26 May, 2025 until 8 June, 2025. The closure is on account of maintenance work.

- Kindly note that as a result of this, the Visitors Booking Link will remain closed from 23 May to 5 June.

The Matrimandir Gardens will remain open for Aurovilians and Newcomers during this time as usual.

During this time the Matrimandir Viewing Point will remain open as usual.

Sorry for the inconvenience,
Matrimandir Executives

MATRIMANDIR ACCESS INFORMATION

Changes to the Access Policy

- Firstly all Pass Holders and Aurovilians bringing guests will have to sign into a register at the Office Gate.
- Secondly Aurovilians can bring their close family members to the Gardens 4:30—6:30pm daily as long as they inform before 11am on the day of the proposed visit to mmconcentration@auroville.org.in.
- Thirdly, all guest houses and home stays please note: Guests only holding Aurocards, who wish to attend the Savitri Readings in the Amphitheatre on Thursday evenings will have to book one or two days in advance at mmconcentration@auroville.org.in.
- The Matrimandir Access team also wishes to remind all Aurovilians acting as guides for visitors or guests that your guests can not be treated as friends and brought to the Park of Unity at any time. All Tours and guided individuals and parties should be taken to the Viewing Point.
- The Matrimandir Access team also wishes to remind anyone running workshops and camps that visits to Matrimandir or the Park of Unity are not to be included in the itinerary. All group visits should be to the Viewing Point only. Individuals attending these events who wish to concentrate in the Inner Chamber are welcome to make a booking in the normal way at auroville.org.

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday:
8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost. Free passes can be obtained at the Auroville Visitors Centre.

- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre.
Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: **Daily 7—8am, 5—6pm.**

Visiting Matrimandir with Family and Friends

Kindly note the following points regarding bringing family and close friends to the Matrimandir.

• The Park of Unity

Aurovilians may bring close family and friends (maximum 3, not guests) to the Gardens: **9am—3:30pm.**

- **4:30—6pm**, with prior information to mmconcentration@auroville.org.in the latest by 11am on the day of the visit.

• The Inner Chamber of Matrimandir

Aurovilians with close family and friends (max. 3, not guests):

- **Monday to Saturday** (Tuesday morning Closed) **8—8:35am.** Arrival 7:45am at the Office Gate with prior booking to mmconcentration@auroville.org.in

• Thursday Meditations at sunset with Savitri

The guests with Aurocard wanting to attend the Savitri meditation on Thursday evening in the Amphitheatre have to book by filling in the form at the address <https://bit.ly/savitri-reading>.

Antoine for Matrimandir Executives Team

AMPHITHEATRE—MATRIMANDIR

Meditations at sunset with Savitri

6—6:30pm, every Thursday (weather permitting)

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.



- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at mmconcentration@auroville.org.in one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:45pm.
- Guests are requested to bring along their Aurocards.
- **Last entry for guests** at 6pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45pm.

Velmurugan for Access team

Awakening Spirit

SAVITRI BHAVAN



Schedule, June 2025

Birthday of Shraddhavan

- **Wednesday, 4 June, 4pm @ Sangam Hall**

In order to celebrate the birthday of our beloved Shraddhavan we are going to share an **Interview with her by a Russian TV crew.** Everyone is Welcome!

In this interview Shraddhavan talks about her personal journey to Auroville, her meeting with the Mother, her work in Auroville and the realisation of Savitri Bhavan.



Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **Glimpses of the Mother:** Photographs and texts in the Square Hall

Films

Mondays, 4pm

- **23 June: Karma Yoga.** Talk by Vladimir Yatsenko at the Integral Yoga Retreat, US in 2019. Karma Yoga is a profound topic. The Mother's last message to Auroville on 27 March 1973 was about this: "Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga..." Duration: 67min.
- **30 June: The Aim of Life.** This film presents the aims of well-known individuals and is an outcome of the excellent educational work by late Dr. Kireet Joshi. Duration: 52min.

This month:

- **NO OM Choir and NO Savitri Satsang**
- **NO Satsang led by Ashesh Joshi**

Full Moon Gathering

- **Tuesday, 10 June, 7:15—8:15pm**
in front of Sri Aurobindo's statue

Relaunch of Dream Divine Series

- **Friday, 13 June, 4pm:** As a first session Dr. Alok Pandey will speak on Religion and Spirituality

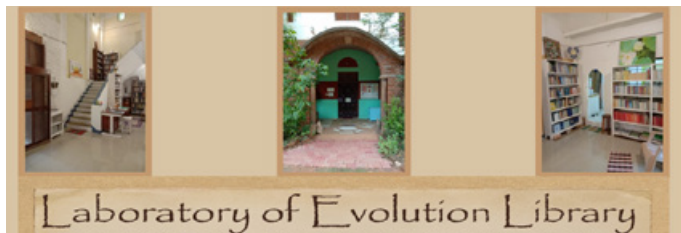
Directed especially at newcomers, Savitri Bhavan is relaunching 'The Dream Divine Series'. The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

Regular Activities

- **Sundays 10:30—12pm:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** How to find the soul—Theory & Practice led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Mondays to Saturdays 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi

- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Dhanalakshmi for Savitri Bhavan



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health ... etc.

You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- **Open** Monday to Saturday 9am—12pm
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building. *Kalyani*

Education

INVITING THE COMMUNITY

To Collaborate with SAIER Research Initiatives

Friday, 20 June, 3—4pm @ SAIER Conference Hall

SAIER invites the community with the aim of widening research initiatives in Auroville and living by the values envisioned in the Auroville charter.

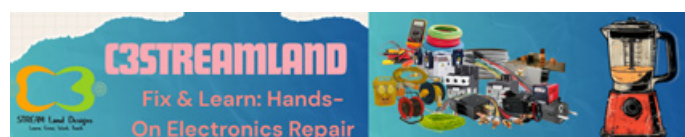
This session offers an introduction to the SAIER team and the upcoming programmes that will flourish with the active participation from the community. At SAIER we want to bridge the gap between Auroville and the rest of the world. By using research as a reflective practice, documentation and policy engagement we can create workable prototypes from Auroville that can inspire building a conscious society.

Scan to know more about the Research Desk

- Web link: <https://tinyurl.com/4js8w3e2>



Sohela



We are looking to create a course to train children in fixing mixie, grinder, water filter, microwave oven.

- **If you have an old equipment** that doesn't work or is on its last legs give it a second life while supporting students learn. Please send a message in SMS, WhatsApp, Signal to the number in the contact. We can pick them up for you in the AV area for the quantity we need for the course.
- **Outcomes:** Understanding appliances, Hands on learning, Debug and Repair

*Nithyasandhosh, +91 9751241372,
STEM Land, Udavi school campus, Auroville*

A NEW SPACE FOR LEARNING AND REFLECTION

We're pleased to announce the upcoming opening of Aarambham Learning Space, an **SAIER unit** designed with the intention of **discovery, clarity, and personal growth**.

Aarambham Learning Space is an initiative of SAIER to provide for children who have newly arrived in Auroville and their families a place to spend time for orientation, exploration, and integration before enrolling in Auroville school. It will also offer activities and learning programs open to all Auroville children/youth/adults, including Atr and STEM (Science, Technology, Engineering, Mathematics).

For **Auroville students aged 6 to 12**, our space will be open during school holidays, with student numbers aligned with our capacity to hold a space.

We are located at the ex-TLC base camp, just before the right turn to Dehashakti sports ground.

Its natural setting offers an atmosphere designed to encourage introspection and a more organic approach to learning. It's built upon the principle of balance, seeking harmony between concepts like freedom and responsibility, discipline and flexibility, joy of creativity with the aim to perfection.

Activities for Engagement:

A selection of activities will be offered to facilitate various forms of participation and learning:

- **Artistic Pursuits:** This will include dancing and singing, painting/drawing classes, toy craft, and stitching/embroidery.
- **Outdoor and Experiential:** Time will be offered for exploring the Dehashakti playground, engaging in treasure hunting, and forest walking.
- **Community and Practical Skills:** Activities such as lunch preparation, weekend cooking events, and opportunities for repairing and creating things will be present.
- **Movement and Voice:** There will be space for singing and dancing.
- **Personalized academic activities**, tailored to each child's age.
- **Sports & Play:** Sports activities are planned for the afternoons in the Dehashakti sports ground.
- **Structured Exploration:** Story creation, Shadow theater, Visiting different units and communities of Auroville, as well as visits to Matrimandir, are part of our educational process.

This space is intended to be inclusive, serving as a point of connection for children, facilitators, and parents. It aims to support personal transformation.

We look forward to welcoming you to this natural flow of learning, receiving, and giving.

Alexey, for the Learning Space team

AUROVILLE INSTITUTE

of Applied Technology

Offers Bachelor's Degree Courses

Auroville Institute of Applied Technology at the Aurobindavan campus **offers bachelor's degree courses** (B.Voc.) in Software Development and Machine Learning, Applied Electronics and Chip Design, Electric & Electronics Technologies (Renewable energy and Mechatronics and Production Technology) affiliated with Pondicherry University.



These courses are skill-centric and of three years; candidates with a +2 or equivalent are eligible to join a B.Voc. course. B.Voc. graduates are eligible for lateral entry in the 4th year of a B.E. course. Students learn by doing projects from the people working on projects (mentorship) and at industrial sites (internship program).

Eligible are students with +2 or equivalent.

Lavkamad

SECOND PART

of the Radical Transformational Leadership workshop in Tamil @ Unity Pavilion

Dear Community, we are very happy to share with you the 2-part Radical Transformational Leadership workshop in Tamil for growth and full potential of all, especially senior students, educators and alumni.

The program is designed at three levels: 1) enhances self-awareness and personal potential, 2) enhances ability to see underlying patterns in self, school, work and society that result in recurring problems, and 3) enhances ability to design and implement equitable and enduring solutions.

- **Session 1:** 5 May, 9am—4:30pm and 6 & 7 May, 9am—12:30pm
- **Session 2:** 30 & 31 May, 9am—4:30pm

Context:

The program helps participants to get in touch with their individual potential/greatness, building efficacy, clarity, and harmony in study, work, and family-related environments and provides tools for participants to solve problems with value-based solutions while addressing underlying patterns that give rise to the problems.

The tools explored in this program will help to:

- support participants to source their inner capacity and transcend fear or feelings of lowness & lack of self-worth to build resilience and purpose in life.
- builds capacity for increased self-worth, personal confidence and drive for inspired-action.
- fosters a wider mindset of inter-community sustainability and well-being for all.
- fosters institutes/workplaces to become spaces of learning and unfolding where action becomes integrally directed towards common growth and goals.
- transforms norms of blame, exclusion, bullying, guilt, complaints, and gossip towards responsible speaking and actions.
- cultivates accomplishment.
- move from resignation towards action, producing results.

The session will be facilitated by **Dr. Srilatha Juvva**. Srilatha is a professor at Tata Institute of Social Sciences, a trained social worker, and a member of the state board for inclusion. Srilatha is deeply interested in transforming the narrative of mental health, disability, and addiction from one of stigma and being diminished to one that includes and exercises one's full potential.

- **For registration and information**, please contact: stewardship4newemergence@auroville.org.in

- **For queries**, contact: +91 9487830093

Savithri for the Radical Transformational Leadership team in Auroville

SATORI:

Educational Services

- Physics and Chemistry CBSE grades 11—12;
 - Edexcel IGCSE and International Advanced Levels (grades 9—12).
 - Mathematics 7—8 grades as preparation to high school science.
 - Exam preparation through knowledge and understanding.
- Sergei, 9442934078,
satori.auroville@gmail.com

TUITION CLASSES AVAILABLE

- **Tuition classes** available from 1st to 12th grade level in all subjects.
 - **Crash course** available for 10th and 12th grade level.
 - **For further information** contact ashree@auroville.org.in/ 8270512606 WA only.
- Ashwini

AUROVILLE PHYSICAL EDUCATION BODY (AVPEB)

Announces its One Year Course in Physical Education Teacher's Training 2025/26



IAPE course aims to create a new squad of sports teachers who are:

- empowered with the latest in sports science,
- equipped with on ground practical training and supervision
- and sparked with the spiritual significance of the human body

Course commences: July 2025

The course is open to ALL aspirants and will prioritize those who aspire to become Physical Education teachers in Auroville Schools.

If this interests you and feels like your calling, fill the form to receive the detailed brochure by scanning the QR code in the poster or click the link below:

- <https://tinyurl.com/5n66z934> or scan QR code to fill the form.

We will contact you individually in the coming weeks.

Savitri, +91 89404 77667 WA

Lijun, +91 84893 11336

for AVPEB,
Auroville Physical Education Body—SAILER,
Unit under Auroville Foundation

Ilaignarkal Education Centre Presents

INVITATION

Rural Outreach School Children's Tamil Cultural Programme & Special Awards Conferring Function

31 May, 4—6pm @ SAWCHU, Bharat Nivas

We are happy to announce that Ilaignarkal Education Centre will be hosting a Rural Outreach School Children's Tamil Cultural Programme, accompanied by a Special Awards Conferring Function.



We cordially welcome you all to join us to add a colorful atmosphere in cheering the awardees.

- **Best Youth Award:** Sri. Aurosugan, Aurokiya, Auroville
- **Best Worker Award:** Sri. K. Anbu, AVES, Auroville
- **Best Students Award:** Smt. M. Bhouneswari, Ilaignarkal Education Centre, Yoga Student, Alankuppam
- **Best Child Award:** Selvi. Shri. Gayathri Meena G., Dance class students of IEC, Thuruva village

You're all invited!

Ms. Vatchala Saravanan

AUROVILLE LIBRARY

Contacts and Timings

- 0413 2622894, avlib@auroville.org.in
- **Opening timings:**
 - **Mornings:** Monday—Saturday: 9am—12:30pm
 - **Afternoons:** Monday, Wednesday, Thursday, Friday & Saturday: 2—4:30pm. Tuesday: 4—6:30pm.

Submitted by Laura

DEHASHAKTI



Fitness & Resilience Camp

for Auroville Children 10-14 yrs

Dates:
9th - 14th, June.

Time:
8 - 10 a.m

Venue:
Dehashakti Sports Ground.

AVPEB



Last date for registration: 5th June

- Partner drills & movement games
- Balance & coordination challenges
- Basic strength & conditioning (S&C) exercises
- Basic Skills for awareness and safety
- Mental resilience and focus-building practices

This dynamic camp is designed to enhance child's overall:

- Fitness, Agility, Body-Mind Coordination.

Trainer: Ms. Aashima Batra, an accomplished professional in the field of strength and conditioning (S&C) and realistic self-defence. She has trained the cricket team at state level and the national shooting team for India. She has over a decade of experience in self-defence training and mentoring students in schools, colleges, and various NGOs across the country.

Read more details on the google form and fill it to register your child at the link below (or scan the QR code):

- <https://forms.gle/27H8Pt96zh8zghXt5>



*Lijun and Nilima,
for Dehashakti and AVPEB*

செயல்பாடு ACTIVITY	நாள் DAY	நேரம் TIMING	பெரியவர்கள் மற்றும் குழந்தைகள் FOR CHILDREN & ADULT	வயது வரம்பு AGE GROUP (ONLY 10 TO 20 STUDENTS PER GROUP)
ஆங்கில வகுப்பு ENGLISH CLASS	MONDAY AND THURSDAY	10 AM TO 11:30 AM	FREE	ABOVE 18 years
கதையல் செயல்பாடு TAILORING ACTIVITY	MONDAY TO SATURDAY	2 PM TO 4 PM	FREE	ABOVE 13 years
மாலை நேர ஆய்வுகள் வகுப்புகள் EVENING TUITION CLASSES	MONDAY TO SATURDAY	6 PM TO 8 PM	FREE	From 1 st Grade to 9 th Grade
கராத்தே KARATE	MONDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
ஹிப்-ஹாப் நடனம் HIP-HOP DANCE	TUESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
சிலம்பம் SILAMBAM	WEDNESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
பாரத நாட்டியம் BHARATHA NAATTIYAM	THURSDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
குழந்தைகள் விளையாட்டு பூங்கா CHILDREN PARK	EVERYDAY	10 AM TO 7 PM	FREE	ABOVE 5 years
ஒவியம் மற்றும் கைவினை ART AND CRAFT	MONDAY TO SATURDAY	2 PM TO 3:00 PM	FREE	ABOVE 5 years

Email: kulaicreativecentre@auroville.org.in OR kulaicreativecentre.auroville@gmail.com
 WhatsApp: +91-96084 73385 / 9843195290 WEBSITE: www.kulaicreativecentre.org

*Submitted by Selva
for KCC*

VISUAL MATHEMATICS CLASSES

We are happy to bring back 'Visual Mathematics classes' to children under 7 years. These classes offer a strong visual base and act as a foundation for the mathematics concepts learned later in school.

We are thankful for the consistent and strong parent support for this activity and we would like to show our heartfelt gratitude to each one of them.

Snehal, +91 9529673687 WA

Youth Initiative

YOUTHLINK HAS MOVED OFFICE SPACE

9:30am—12pm, Monday to Friday

We would like to inform you that YouthLink has moved office space.

We are still in Town Hall but have been relocated to the old Virindhu building, right next to the Vehicle service and Blue Light. Come say hi!

As always, our Help Desk is open from 9:30am—12:00pm Monday to Friday. We look forward to continuing to host events and gatherings from our new office space!



*YouthLink.
Submitted by editors*

For Your Information

AUROVILLE VEHICLE SERVICE

& AV Public Bus

Closed from 30 May to 1 June

- The Auroville Vehicle Service staff are going for the annual tour this week from 30 May to 1 June. Therefore, our office is closed for the public.
- The AV Public Bus driver is also joining the tour with our staff and therefore no bus service between Auroville to Pondicherry on these dates.

*Sorry for the Inconvenience, Raju
for Auroville Vehicle Service*

TEMPORARILY CLOSED ROAD ACCESS—AURODAM



As part of the ongoing Crown Road project, the section that was temporarily left open for Aurodam access is now scheduled for completion. To carry out this work, we will need to temporarily close this access starting from Monday, 26 May 2025. [See the map here](#)

We kindly request you to use the alternative route via Radial 6, which is marked in blue on the attached map. The section marked in yellow will remain closed until the work is completed. Thank you for your cooperation and support.

*Auroville Road Service Team,
Ph: +91 413 3509957,
roadservice@auroville.org.in*



FIBER INFRASTRUCTURE

Clarification and Request for Cooperation: Aurinoco Systems

Dear residents, executives, and managers, this message is intended to provide a factual update and clarification regarding recent issues related to the fiber network infrastructure in Auroville.

In the past weeks, there have been several cases where residents attempted to access or modify parts of the community fiber setup—including network racks, enclosures, and termination boxes. These actions have caused disruption to the network and affected other users connected to the same infrastructure.

In some cases, such interventions were carried out with the help of the Auroville Telephone Service executive. We understand that some users are seeking to connect to external providers such as BSNL. This is of course possible—but it should be done in a way that does not interfere with the shared fiber infrastructure.

To avoid technical damage and ensure long-term functionality, we kindly ask that anyone interested in installing an external internet connection arrange for their provider to bring a **separate cable** directly to their unit, office, or home. A private Optical Network Terminal (ONT) can then be installed independently, without involving the community's fiber racks. If the person leaves, the setup can be removed without affecting others.

Please do not interfere with the fiber distribution and termination enclosures.

We understand that independent adjustments may seem helpful at times—but we would like to explain why the integrity of the existing setup is important for everyone involved:

1. The structured cabling has been implemented with great care, and every step is fully documented to ensure that maintenance—whether by current team members or new colleagues—can be carried out reliably. Even if responsibilities shift over time, the quality and structure of the cabling remain stable.
2. Fiber connections are extremely sensitive. Each time a connector is removed, microscopic dust can settle on the fiber strands, into the plugs, and inside the enclosures. We use special cleaning tools and signal testers to guarantee that optical performance remains at the required level.
3. Uncoordinated modifications from outside parties often cause significant disruption. They lead to unintended damage or misalignment and require considerable time and effort to restore the original setup and stability.

We are aware that some residents believe that the final segment of the cable leading to their home or unit grants them ownership or control over that connection.

However, **fiber infrastructure is part of a larger, shared system**. Tampering with shared lines affects other users and risks destabilising the entire local hub.

To preserve the integrity and functionality of the network, we kindly ask that no one modifies or repurposes existing lines on their own. Unauthorised interventions can cause damage and service disruptions for other users.

As Auroville's guidelines remind us: nothing belongs to anyone in particular—and that includes the last segment of a fiber strand, whether it is 50 or 100 meters.

Residents are therefore requested to refrain from claiming individual ownership or rights to parts of the shared fiber line. Such claims and interventions risk compromising a carefully maintained system that serves the wider neighborhood.

This matter was discussed in a meeting with the Office of the Secretary of the Auroville Foundation. It was clearly stated that such actions should not be supported, and the

Auroville Telephone Service was advised not to assist with any intervention into the Aurinoco network hubs.

If you require a connection, please contact Guna at the Auroville Telephone Service to arrange for a dedicated fiber line to be installed at your location of choice. This ensures clean, reliable, and well-documented access.

Simple and well-tested alternatives exist. We encourage those interested in external providers to follow the common practice in Pondicherry and surrounding areas, where providers install their own lines directly—without accessing the existing community network.

Residents who wish to get a connection from an external provider are welcome to do so. However, we kindly request that the established network hubs not be modified or accessed. Instead, your chosen provider should drop a separate cable directly into your house, unit, or office and install a private Optical Network Terminal (ONT) there.

We appreciate everyone's cooperation in keeping the system functional, stable, and fair for all.

Sincerely, Chandresh & Hemant
on behalf of Aurinoco Systems
aurinoco@auroville.org.in

Health Care

SANTÉ SERVICES



Schedule

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Physiotherapy & Massage with Galina: TOS	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena—inquiry email: adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services, sante@auroville.org.in,
<http://sante.auroville.org.in>

WEEKLY BABY SUPPORT CIRCLE

Every Wednesday, 9am—12pm @ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one. Here's what to expect:

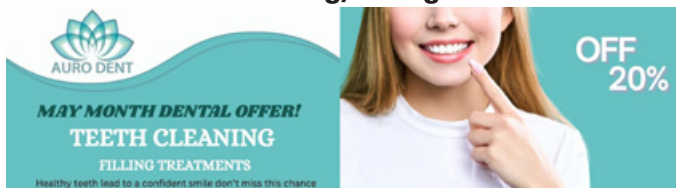
- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together! **Rotem**



AURODENT: MAY DENTAL OFFER

For Teeth Cleaning, Filling Treatments



Open to all Aurovilians and Guests
Valid until 31 May 2025

Healthy teeth lead to a confident smile don't miss this chance.

- **For Appointments:**
 - 9629199328 WA, Landline: 0413 2622063
 - aurodent@auroville.org.in
- **Monday to Friday: 9am—5:30pm**
- **Saturday 9am—1pm**
- **@ Auromode**

Jayasutha for Aurodent

SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovilian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care, Myofascial massage (Head&Neck/ Back)

- Pain is a sign that has to be taken care of.
- Kindly get in touch with me if you need my service.

+91 7904769496 WA,
auroshruthi@auroville.org.in
Sruthi Sundaram

ADDICTION RECOVERY SESSIONS

@ Maatram

Every Tuesday, 3:30—4:30pm

@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on **Addiction Recovery**.

Raam & Palani

International

Unity Pavilion Presents

SENCHA-STYLE TEA CEREMONY



Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.
Discover a new perspective on tea drinking as you embrace awareness and relaxation.
*Sessions are available as a one-on-one experience or for groups (4+ people).
*Children (5+ years) are welcome. Special Kids birthday sessions available.
Rs. 400 per person
Rs. 300 per person for Groups of 4 or more
PRE-BOOKING OR BY APPOINTMENT
Call/Whatsapp +91-9385428400 for bookings

Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

- Sessions are available as a one-on-one experience or for groups (4+ people).
- Children (5+ years) are welcome. Special Kids birthday sessions available.
- Pre-booking or by appointment: +91 9385428400 WA

THE MOTHER'S SYMBOL, MATRIMANDIR & 12 QUALITIES



ART CLASS WITH ARTIST JANAKIRAMAN



Priya
for Unity Pavilion

French Pavilion Presents

SUNDAY PÉTANQUE

Call for a Co-Leader

Every week, 4—6:30pm

Since the beginning of the year, our sessions have been a great success. With the playing ground now expanded, we are looking for a volunteer to co-lead the Sunday Pétanque games, every week from 4 to 6:30pm. Goodwill and accountability are all that's needed for this role—no special expertise required.

- If you're interested or would like to know more, feel free to reach out at france.auroville@gmail.com

Vivekan



Animal Care

INVITATION TO WRITE TOGETHER: The Auroville Animal Charter

Recent heartbreaking cases of severe animal neglect and abuse highlight a painful truth: Auroville, a city meant to be guided by the Mother's infinite love, compassion, and respect for all living beings, still lacks a clear framework defining our relationship with all sentient beings. It's time that we do something about it. Drawing from the Mother's deep compassion, wisdom, and guidance, this charter should become a framework for how to live in a harmonious co-existence with all sentient beings in Auroville. This vital document must be born from our collective consciousness and the Mother's guiding spirit, and can only be written if we put our collective consciousness and minds together. It will define how humans and animals thrive side by side in our shared evolution, upholding the rights and ensuring the place of all sentient beings in our Community, while unequivocally stating that violence or harm towards beings cannot have a place in our City of the Future. Do you want to contribute to writing this essential charter? I am planning to start weekly meetings to work on it together.



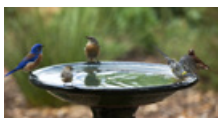
AUROVILLE
DOG SHELTER

- Contact Arthur: +91 812225266 WA message or aurovilledogshelter@auroville.org.in

Arthur for Auroville Dog Shelter

WONDERFUL NEWS From Auroville Greenbelt Service!

Calling all animal and bird lovers! With the heat of summer fast approaching, Auroville Greenbelt Service is taking a thoughtful step to care for our feathered and furry friends. We're providing free water tubs to help birds and small animals stay cool and hydrated during these scorching months.



If you'd like to be part of this compassionate initiative, simply visit Auroville David Nursery to pick up your water tub. Place it in your garden, balcony, or any quiet outdoor spot where animals can safely access it.

Let's join hands in showing kindness to nature. A small act like offering water can mean the world to a thirsty bird or animal.

- The pickup point will be using ex-David's place in Auro-Dam where the late David lived.
- It is open from 9am—4pm, Monday to Saturday.
- For more information Contact Greenbelt Service 9345454232, 9751292838.

Aviram, Saravanan & Sivaraj for Green Belt Service

Theatre, Music & Arts

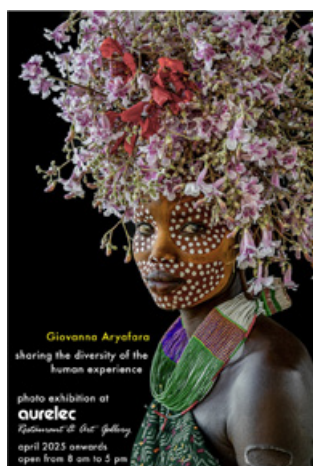
GIOVANNA ARYAFARA

Sharing the Diversity of the Human Experience

Photo exhibition @ Aurelec
Restaurant & Art Gallery,
open 8am—5pm, ongoing

Giovanna Aryafara, a photographer, travels the world in search of subjects that awaken our emotions, invoke a sense of shared spirituality, and reveal our world through a minimalist, design-inspired lens.

Her works offer access to the beauty of our Earth, inspired by her love of sharing the diversity of human experience.



Jana for Aurelec

Dance Activities

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- **Monday:**
7—Introduction to Tango
8—Improvers
- **Wednesday**
7:30—Guided Practice
8—Long Practice

No partner required.

Bring socks or dance shoes.

And plenty of joy!

- +91 9821166082
- tango@auroville.org.in



Submitted by Maud

DANCE CLASSES BY MANI

Choose your Dance: Bachata, Kizomba, Salsa, Tango

Register now: +9186376 33696

Salsa Dance

@ New Creation dance studio

- Tuesday: Salsa class, 6:30pm
- Saturday: Workshop, 7pm

@Bakisata_dance



Tango Dance @ CRIPA

Monday

- Beginner, 6:30—7:30pm
- Intermediate, 7:30—8:30pm

Friday

- Workshop, 6:30—7:30pm
- Open practice, 7:30—8:30pm

Contact: +91 8637633696



Mani

Theatre, Music & Art Activities



CREEVA
Centre For
Research
Education
Experience in
Visual
Arts



Weekly Art Workshops & Sessions

- **Watercolour Painting Workshop** by Sathya
 - Every Monday, 5—7pm.
- **Life Model Drawing Session:**
 - Every Tuesday, 5—7 pm.
- **Live Portrait** by Sathya:
 - Reach out to schedule a session.
- **Open Studio:** A space for everyone to explore their artistic potential
 - Every day, 9am—5pm,
 - Contact Abi: +91 90420 58981.

For info contact Sathya:

- +91 9486145072, sathyacolour@auroville.org.in

Sathya for CREEVA Art Studio, Creativity

SVARAM ACTIVITIES

Svaram Experience—Sound Garden



- Daily, [see location and timings here](#) or scan the QR Code

Svaram Musical and Sound Healing Instruments Showroom

- Monday to Saturday, 8:30am—5pm
- [See location here](#) or scan the QR Code



Svaram Sound Experience



- By Appointment Only
- Available sessions: Solo, Duo, or Group
- Please [click here for details and contact info](#)
- or scan the QR Code

Our Social Media links

- YouTube: <https://www.youtube.com/@SvaramStreams/about>
- Facebook: <https://www.facebook.com/svaram.org>
- Instagram: <https://www.instagram.com/svaramsoundexperience/>
- Website: <https://svaram.org>

Aurelio for the SVARAM Team

Sports & Martial Arts

WOMEN'S FITNESS CAMP FOR 14+ YEARS

Monday, 16 June—Friday, 20 June
4:15—6:15pm @ Dehashakti Sports Ground



Deepen your core strength, flexibility, and body awareness through Surya Namaskars and guided stretch sessions.

About the Trainer: Ms. Aashima Batra, an accomplished professional in the field of strength and conditioning (S&C) and realistic self-defence. She has trained the cricket team at state level and the national shooting team for India. She has over a decade of experience in self-defence training and mentoring students in schools, colleges, and various NGOs across the country.

Read more details on the [google form](#) and fill it to register. Only 20 spots available.

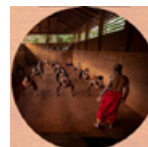


Lijun and Nilima,
for Dehashakti and AVPEB

BHARAT NIVAS PRESENTS KALARIPAYATTU CLASS

- in collaboration with Kalarigram: Bhumika Hall, 6—7am, Monday to Friday
- For registration: bharatnivas@auroville.org.in, office: 0413 2622253
- Contribution is applicable

Monisha for BN Team



KSHETRA KALARI

@ Aspiration Sport Ground

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am Monday, Wednesday, Friday
 - Evening classes: 5—6pm, Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

GIRLS' FUTSAL FOOTBALL CLUB

Tuesday and Friday, 5:10pm
@ Dehashakti

Girl's football team in Dehashakti. If you like football and you want to learn, play and have fun, come and enjoy it with the other girls.

- Age group 15+ only.
- Contact Beber 6385635943 for details

Beber



KALPANA GYM

Open 7—9am & 5—8pm Monday to Saturday. Satyakam

ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 500 students of all genders, ages, and experience levels. We've hosted expert Muay Thai coaches, Brazilian Jiu-Jitsu (BJJ) black belts, and introduced our students to a range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the **Shou Dao School**—a martial arts academy acknowledged by the Olympic Committee.



Our regular classes for adults @ 5:30pm

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai/K1 with Coach Ruben, Coach Tanguy and Coach Giacomo

Please note:

- Contribution required
- Be punctual
- Short nails, sportswear and no jewelry
- Stay home if you're unwell or have open wounds

For updates and participation: +91 9487340778 WA msg.

Brazilian Jiu-Jitsu classes for kids!

- **Tuesdays & Thursdays, 3:30–4:30pm** for kids aged 4 to 13, @ Dehashakti Gym
- Contribution required

After many requests, we're thrilled to restart Brazilian Jiu-Jitsu and foundational MMA classes for children at Dehashakti Gym! Send your child in sportswear, with a water bottle—and a big smile!

Classes are led by **Monica**, an experienced assistant instructor beloved by the kids. At Abhaya, we teach Brazilian Jiu-Jitsu in a **non-competitive way**, focusing on **discipline, self-control**, and a solid, practical foundation in martial arts. BJJ is one of the most effective real-life self-defense systems and is proven to enhance **cognitive skills** and **fine motor development**, especially in young children.

- **For more info or to join the kids' WA group:** +91 84480 77070

Giacomo for Abhaya

SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy
- Open water
- Oceanic Water dance
- Water movie
- Swimming in pool

@watersport_mani

Book now:

+91 8637633696

Package swimming class



Submitted by Mani

AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.



The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

Adult Aikido classes

- **Tuesday, Thursday and Saturday, 6—7:30am**, early morning. Beginners are most welcome. Girls and women are especially called to join us.
- **Wednesdays, 5:30—7pm**. Welcome!

Children/ young students

- **Monday, Wednesday and Friday, 4—5pm**.

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan

*Cristo, Rita, Surya & Philippe
for Auroville Aikido*

Bioregion & Nature Activities

MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday



MOHANAM PROGRAM

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours



Pottery Making



Kolam Mandala Painting



Candle Making



Incense Making



Soap Making

Balu for Mohanam Program

AUROVILLE BAMBOO CENTRE

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.



Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

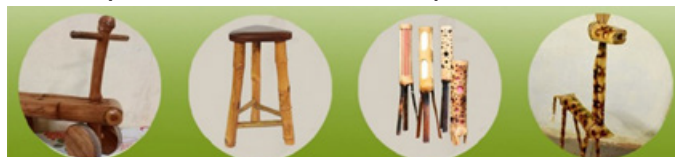
Trainings and workshops

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

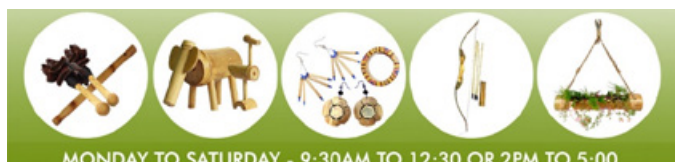
Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops:



- **9am—12:30pm, 1:30—5pm**
- **Registration one day in advance.**
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops:



MONDAY TO SATURDAY - 9:30AM TO 12:30 OR 2PM TO 5:00

- **Walk-in registration available**
- **9am—12:30pm or 2:30pm—5pm**
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- **10am—12:30pm or 2:30pm—5pm**
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

Archana for Bamboo Centre Team

ENLIGHT



Explore Auroville



Cycle Tour



Forest Walk



Cooking Class



Fireside Drumming



Folk Dance and Music



Bamboo Workshop



Wood Joinery Workshop



Pottery Workshop

ENLIGHT

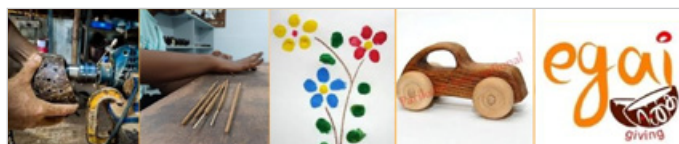
+91 76398 10621/82700 71581/0413-2963034

enlight@auroville.org.in

Arun, Anand and Balaji for Enlight Team

EGAI GIVING

Arts and Crafts



Toys Workshop: Craft simple toys made of wood and bamboo.

Finger Painting Workshop: Tap into your inner child and learn how to paint with your fingers.

Coconut Shell Workshop: Make and take earrings, keychains, bowls, and pendants.

Incense Workshop: Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- **Contact Anand:** +91 9791896488,
egai@auroville.org.in

Anand

FERMENTATION WORKSHOP

Saturday, 31 May, 10am—12pm @ CLC
Upstairs of marcscafe store

Always call at least a day in advance to attend the workshop!

To subscribe: contact@marcscoffees.com

- **31 May, Lacto-Fermentation in Everyday Foods:** Beet Kvass, Fermented Carrots & Cucumbers, Cauliflower, Onions

Why take this workshop ?

- To learn new skills and develop your patience
- Save money at home
- Master ancient techniques and Re-connect with our human ancestors
- Explore your creativity
- Be sustainable and reduce waste
- Eat healthy and local



Matilde

WELLPAPER WORKSHOP

10am—4pm, every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

Wellpaper:

+91 9385744722, 0413 2969722



Viji

Looking For

Eco Femme is Looking for Office Space & Storage Room

eco femme

Eco Femme is seeking new office space with the following specifications:

- Office area: 150 sq.m, storage room: 80 sq.m

Please feel free to **contact us** at +91 9487179556 for more information. Thank you!

Mahalakshmi Prabhakar, +91 7094278777

Available

Co-working space at It Matters

CO-WORKING SPACE

Auroville Main Road

It Matters

Open: 9am-6pm
Mon-Wed-Thu-Fri
Daily rate: 250rs
A/C space / Internet



Call us / also on whatsapp: +91 9344 087 925
Email us: itmatters@auroville.org.in

If you need a co-working space, come to It Matters on Monday, Wednesday, Thursday, Friday from 9am to 6pm. There is high speed internet and A/C. Check it out! Daily rate 250rs. Location: Auroville Main Road

- itmatters@auroville.org.in or +91 9344087925 WA

Bhakti & Sandra

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.

Contact Mr. Pandian

at Auromode in person, +91 9943390391 or
pandian@auroville.org.in

Pandian



Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,
8525038274WA or call 8122274924

Aviram
for Sadhana Forest team

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.



**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice, 7598911090 WA

Work Opportunities

AIKIYAM SCHOOL: Join Our Team of Educators!

Are you passionate about shaping young minds and fostering a love for learning? We are looking for dedicated and qualified educators to join our esteemed institution!

Vacancies:

- Social Science Teacher (Middle/High School)
- Pre-Primary Teacher

Requirements:

- Bachelor's or Master's Degree in the respective subject with B. Ed (for Social Science Teacher)
- Diploma or Certification in Early Childhood Education (for Pre-Primary Teacher)
- Prior teaching experience preferred
- Strong communication in Tamil, English and classroom management skills

What We Offer:

- Competitive salary package
- Supportive and dynamic work environment
- Professional development opportunities
- Engaging curriculum and innovative teaching methodologies

How to Apply: Send your resume and a cover letter to aikiyamschool@auroville.org.in or contact 9786211534, 0413 2622358 for more details.

Join us in nurturing the leaders of tomorrow.

Radhakrishnan, Principal NCBS

LIVE EDGE Furniture Making

We offer an opportunity to be highly creative in a small team. At TreeCare we are passionate about giving a second life to trees that had to be cut for various reasons. If this resonates with you, come work with us.



We work with untreated, air-dried, and solid wood, designing and building unique live-edge furniture and lifestyle products.

- **Work hours and commitment:** A daily commitment of 6 hours for a minimum of 2 months is required. However, we encourage a duration of at least 6 months.
- **Prior Experience:** Any training or education in working with wood, Treecare.

9443737945, creations@treecareindia.com

*Tina
for Auroville unit Treecare*

Foods, Goods & Services

LANDLINE NUMBER CHANGED

Kindly update this in your contacts:

Guest Registration and Accommodation Service @ Visitor's Centre

Please note that the landline number of Guest Registration and Accommodation Service, Visitor's Centre has changed from 0413 2622704 to 0413 3509222. **GRAS Team**

Auroville Water Service

Dear Residents, please note that the landline number of Auroville Water Service has changed from 0413 2622877 to 0413 3509161. **AWS Team**

NATURELLEMENT GARDEN CAFE

Summer Discount every Thursday

For those staying on in Auroville in the heat and sweating it out with us! Through May and June we will offer a 50% discount on our menu in Naturellement Garden Cafe every Thursday.



So please come and chill out in our AC lounge!

And remember, although we take the last orders at 7pm, you are welcome to stay on at your leisure, as long as you want.

Martina for the Naturellement team

TASTE OF YOGA VÉRITÉ CAFÉ



Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats, light lunch & drinks have been designed with utmost care, integrating satvic principles to promote overall well-being.

**Monday to Saturday
08:30 - 16:30**

Kathir for Vérité programming

RIGHT PATH CAFE SUMMER NEWS



- Cafeteria is closed on Tuesday evenings instead of Monday evenings! Please join us on Monday nights for our full range of dishes, including Korean, Dosas, etc.
- Also, the Cafeteria is now on Dropzy! Please check our Takeaway menu!

Summer is coming. Let's celebrate with special offers at cafeteria visitors centre.

- **Every day, 7:30—9am** 50% Discount for Aurovilians on our organic breakfast items!
- **Every Thursday** 50% Discount for Aurovilians on Korean dishes
- **Every Friday** 50% Discount on non-veg dishes

Reminder! Cafeteria uses chiefly organic products and Auroville grown food.

We offer

- Monthly and half monthly organic lunch scheme options
- 30% Discount to Aurovilians and 10% discount to volunteer Aurocard holders on all our menus.

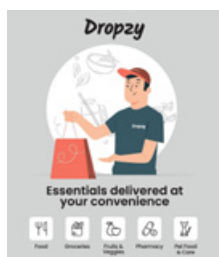
Kyonghyon Lee for Right Path Cafe

DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>



Sathish

BHARAT NIVAS PATHWAY

Medicinal Herbal Nursery Counter



Green and Clean Land: Indoor and Outdoor Plants for your House and Garden. Your journey into holistic wellness begins here! Nourishing and preserving bio-diversity for environment protection in collaboration with Martuvam Healing Forest.

We warmly invite you to bring Auroville's native plants from your garden to showcase at our nursery counter. Together, let us share the beauty and benefits of these plants with humanity.

Offer your contributions with a minimal donation and become a part of this collective effort to promote nature's gift for a better tomorrow. Let's grow and give, together!

Souvenir Outlet



Monisha

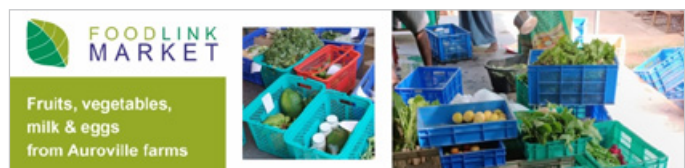
HEMPLANET: EXPLORE THE BENEFITS OF HEMP!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. Davide

FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- **For more info,** call/ WA +91 83002 68804 or pass by.
Isabella for FoodLink

THE SPROUT TIMINGS



Daily, 7am—4pm

Monica for The Sprout team,
www.thesprout.in

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



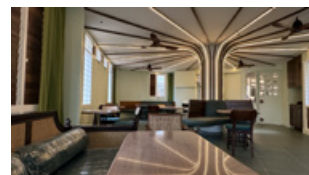
Madhuri for Annapurna Farm

LIVING ROOM CAFÉ

Open every day, 8am—9pm

Come enjoy delicious meals and coffee in our cozy space, located on The Crown across from the Auroville Library.

We serve breakfast, lunch, and dinner for Aurovilians, newcomers, volunteers, and guests. We look forward to seeing you!



Debo
for The Living Room Cafe Team

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria

7:30—10pm

Variety of Dosa and
Millets Pongal, Coffee
Rs.99

Submitted by Shiva



ANY TIME DOSA AND PONGAL

@ the Pathway Café

Bharat Nivas Café has been serving Masala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichidi everyday. We also serve organic Tea only for Rs 20. Please, come and enjoy, welcome to Bharat Nivas café.



Arabinda
for Bharat Nivas team



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in *Lakshmi for UTS*



Book A Taxi 24/7

+91 9843880591

Office: (0413) 2220591, 2220592
Office cell: 8610915429
sunrisetaxi@auroville.org.in
www.auroillesunrisetaxi.in



Sathish for Sunrise Taxi

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

Rajesh.D for Shared Transport Service

KINISI E-MOBILITY

At Kinisi we are passionate about making sustainable, electric transport accessible and convenient for everyone in Auroville. Whether you're a guest, long-term volunteer, newcomer, or Aurovilian, we have tailored solutions to get you moving quietly, cleanly, and efficiently.



Our Services Include:

- E-Cycle, E-Scooter & E-Bike Rentals:
- Flexible pricing depending on the duration of rentals for guests. <https://app.kinisi.in/>
- Special discounted rates for SAVI registered for long-term volunteers—ask about our volunteer scheme! <https://app.kinisi.in/volunteer/>
- KIM Scheme: Exclusive benefits for Aurovilians and Newcomers. <https://app.kinisi.in/kim/>

Repair & Service:

- Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
- General Service, Battery, Motor, and Controller check, parts replacement, and recycling services.

Contact Us:

- +91 8300460679/ 680, Info@kinisi.in
- <https://bit.ly/2Jl4Q9Z>, <https://kinisi.in/>

Debo



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.
Rajesh for I.T.S.

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

not just a **Furniture company**

We Design
Produce & Manage your wood works



Prakrit




www.prakrit.org.in

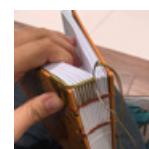
Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit, +91 9634424066

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulapalayam.



8940648542, Michel

AI OFFICE HOURS

Every Saturday from 10—11am

Currently at the offices of Auroville Online Store

(auroville.com) in Aurosarjan Complex

Hands-on workspace for AV units and individuals to work on specific AI projects. Bring your problem, attempt a solution, and get support. Technical expertise not required. Drop-ins welcome, but advance notice appreciated. A collaborative space to explore and work on AI projects.

Please join the AV GenAI User Group on WhatsApp to be updated on any changes in Location and Timing.

- WhatsApp: <https://chat.whatsapp.com/BY0sIYI38DwFFdAffBsCRJ>

AL Majumdar
+91 9843941207 WA

FREE STORE

Our operating hours are:

- Monday—Saturday:** 9am—12:30pm
- Tuesday & Thursday:** 2:30—4:30pm

We kindly request that all items/clothes be dropped off only during our working hours. Please do not leave anything outside when we are closed.

Your support helps us continue serving the community, and we truly appreciate your generosity!

Kamala for the Free Store team

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- Contact:** + 91 8270071581
 - Primary Email:** rapidcare@auroville.org.in
 - Secondary Email:** rcsrapidcareservice@gmail.com
 - Instagram handle:** @rapidcare1 *Balaji & Arun*



inside india
DREAMS & MEMORIES

Inside India is closed on all Saturdays in June

For urgent matters or emergencies, you may contact our ticketing agent Ganesh at +91 9894598686.

Itineraries & Ticketing: Planning to escape the summer heat? Inside India can craft the perfect itinerary tailored to your travel needs across India and Sri Lanka. Write to us at tours@insideindiaauroville.com.

As always, we're open **Monday to Friday, 10am—5pm,**
@ our Kalpana Office.

Shaheen for Inside India Team

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- Contact us for all your procurement needs:**
surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, Iyyappan

SERVICE AVAILABLE

- Gardening work: fencing, cleaning, cutting, pruning, planting, digging
- Keeth Hut house building any size
- House repair: masonry, carpentry, plumbing
- Shopping service

Please contact Ranjith, Aurovilian:

- +91 8610997059, subramani13@auroville.org.in

Ranjith

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour: Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine: Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage & Tailoring: We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm.

This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact:
- 8098845200 WA/ ph., rupavathijoy@gmail.com

Rupavathi

AUROVILLE RADIO TV

Dear Aurovilians, your favourite radio is always working for you. Stay tuned!



Last published podcasts

- [Menstrual Well-Being-Ep.1 \(Part 2\): "Sai Priya in Conversation with Kalvikarasi from Eco Femme"](#)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.494](#)

Lastest Youtube Videos:

- [Ne Me Quitte pas-Cover by Antione-Auroville Singing Festival 2025](#)
- [Noladeti La'shalom \(I Was Born\)—Cover—Auroville Singing Festival 2025](#)

...and more! on www.aurovilleradiotv.org

For more information write to radio@auroville.org.in

Sai Priya for Auroville RadioTV Team

NO MORE SECRETS

The Great Awakening is exponentially happening.

Circa 1900s:

"People don't know what goes on. They know nothing—nothing."—The Mother

<https://incarnateword.in/agenda/02/november-5-1961>

"It is my belief that the main cause of India's weakness is not subjection, nor poverty, nor a lack of spirituality or religion, but a diminution of the power of thought, the spread of ignorance in the birthplace of knowledge. Everywhere I see an inability or unwillingness to think—incapacity of thought or "thoughtphobia". This may have been all right in the mediaeval period, but now this attitude is the sign of a great decline. The mediaeval period was a night, the day of victory for the man of ignorance; in the modern world it is the time of victory for the man of knowledge. He who can delve into and learn the truth about the world by thinking more, searching more, labouring more, gains more power."—Sri Aurobindo

<https://incarnateword.in/cwsa/09/letters-to-barin>

Circa 2025:

Thankfully humans are waking up exponentially since the initial Supramental descent in 1956, thereafter the advent of our ever-advancing InfoComm Technology. The dark forces of the Ignorance and Falsehood and their human sentinels cannot anymore stop The Great Awakening.

No more secrets

All is being revealed for transformation or dissolution.

Evolving from the Ignorance

The evolutionary imperative

Is to now consciously evolve. 2018.08.19

We continue on with the ever-hastening and intensifying Integral Supramental Revolution especially concentrated here in Her Auroville the City of Dawn...

Towards the Life Divine

<https://auroville.org/page/core-documents>

Note: For readers of the printed version, please scan the QR Code to access the links or go to this blogsite to access the post of the same title: <https://zechjoya.blogspot.com/>

Zech



Paths of Light: Tales of Spiritual Awakening in Auroville

THE ETERNAL WALK:

Spiritual Insights from Mahalingam

One serene Saturday evening, Rama found himself sitting under the ancient Banyan tree at Matrimandir, lost in memories of Mahalingam, a senior Aurovillian who had crossed the century mark. Mahalingam was the only person from Auroville, as far as Rama knew, who physically had darshan of both the Mother and Sri Aurobindo in Pondicherry on 24 November, 1950—an extraordinary and heartfelt spiritual experience. Rama often met him at this very spot, and they would engage in deep conversations about the Divine and the Divine Mother.

Mahalingam was remarkable. Even at the age of 85, he walked around 20 kilometers every day. In 2010, he would walk from his house, cross different communities, and occasionally rest at Matrimandir before heading back. One evening, as the sun set and the air grew cooler, they had a profound conversation under the Banyan tree.

Mahalingam had also translated the Collected Works of the Mother and all of Sri Aurobindo's letters and research on Yoga into Tamil. His translations, spanning over 10,000 pages, introduced many Tamil-speaking people to the teachings of the Mother and Sri Aurobindo. The Tamil translation of "The Sunlit Path" was particularly impactful.

Curious about his endurance, Rama asked him, "Sir, you walk every day almost 20 kilometers for 50 years. Don't you get tired?"

He simply smiled and replied, "No, I enjoy my walking. Walking is the best meditation. Every step I take, I remember the Divine and the Divine Mother. I offer my walking to the Divine. It's a consecrated walk. I feel the divine in every step and connect deeply with Mother Earth. Every step is an act of remembrance and offering."

He continued, "I don't sit for long hours meditating. For me, walking is the best way to remember the Divine Mother and Sri Aurobindo. I enjoy and feel peace in every step. Sometimes, it feels as though I am walking with the Divine. Walking through the forest brings me immense joy and peace. I couldn't imagine a day without walking. Walking and I are one—one with the walking, one with the Divine."

With a gentle smile, he added, "Walking is a physical opening towards the divine. It not only helps with health and well-being but also supports spiritual progress."

As he spoke, Rama felt a deep sense of inspiration. Mahalingam's words resonated with the teachings of the Mother of Pondicherry, who often emphasized the importance of physical exercise, including walking, as part of an integral approach to health and well-being. Walking, for her, was more than just a physical activity; it was a practice that supported mental clarity and spiritual growth.

- **Physical Health:** The Mother emphasized maintaining good physical health as a foundation for spiritual progress. Walking improves circulation, enhances stamina, and maintains overall health.
- **Mental Clarity:** Walking serves as a meditative practice that clears the mind. Its rhythmic and repetitive nature fosters mental calm and focus, allowing for reflection and inner silence.
- **Connection with Nature:** The Mother encouraged walking in nature to connect with the natural world, which harmonizes the mind and body, fostering peace and well-being.
- **Integral Yoga:** As part of her teachings on Integral Yoga, the Mother saw walking as a practice that could balance the physical, mental, and spiritual aspects of an individual. It grounds one's energy and maintains a harmonious state of being.
- **Mindful Presence:** Walking can also be a form of mindfulness, where one is fully present in the moment, aware of each step, the surroundings, and bodily sensations. This mindfulness enhances overall awareness and presence.

Inspired by Mahalingam and the Mother's teachings, Rama decided to turn his evening walks into a spiritual practice at the Matrimandir campus. He began by finding a place near the Banyan Tree. Standing with his eyes closed, he rooted his feet to the ground, feeling the energy from the earth rising through his spine. With each breath, he focused on the connection between his feet and the ground, noticing the sensations in his legs and lower body.

As he slowly opened his eyes, Rama maintained this awareness and began walking forward in the larger circle of the Matrimandir campus. With each step, he noticed the shift of his weight, the lift of his heel, and the placement of his foot.

He became mindful of the connection between movement and awareness, allowing the boundaries between his body and mind to dissolve. As he walked, he remembered and offered his walking to the Divine. Fully present, he enjoyed the sounds of birds, the gentle breeze, the colors of flowers, and the beautiful hues in the sky with his slow, effortless walking.

Walking became a dance between his body and the emptiness of space, a journey that revealed what was real and what was not. At the end of his walk, Rama stood still, closed his eyes, and felt rooted to the ground. He surrendered to the earth, releasing his heaviness, and felt the energy the earth gave back to him.

In those moments of stillness, Rama remembered Mahalingam's words and felt the presence of the Divine in every step. Walking had become not just a physical exercise but a spiritual journey, a way to connect with the Divine and Mother Earth.

As he opened his eyes, Rama felt a profound sense of peace and gratitude. The Banyan tree, with its ancient wisdom, stood witness to his transformation, just as it had witnessed the countless walks of Mahalingam, the man who walked with the Divine.

Dr. Lourde Nadin Epinal, PhD

ON LOVE

We all know that we must first find inner peace in order to then live in daily peace in the outer world. An unknown author wrote the following lines, which I would like to share with you:

"Love is the only thing that grows when we give it away.

Duty without love makes us peevish, Responsibility without love makes us reckless.

Justice without love makes us hard, truth without love makes us critical.

Upbringing without love makes us contradictory. Wisdom without love makes us cunning.

Kindness without love makes us hypocritical. Order without love makes us petty.

Expertise without love makes us opinionated. Power without love makes us violent.

Honor without love makes us arrogant. Possession without love makes us stingy.

Without love, everything in the world is wrong! Only love makes everything good."

Love is the most powerful force in the universe!

Rolf, Aurovillian with Heart

Poetry

FOR SEARCH AND STORAGE

For search and storage

Google drives

As a company limited

God drives

As the Creator Infinite

Anandi Z.

Classes, Workshops & Healing Arts

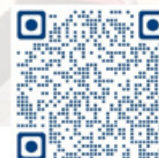


Dates: 16 - 20 June, 2025

Venue: Dehashakti Sports Ground

Time: 7:30 to 8:30 am

Open for All (10+ years)



Surya Namaskar Challenge on 21 June

Open to ALL 10 years and above

Join the camp to train and prepare for the Surya Namaskar Challenge on 21 June. This camp and the IDY Surya Namaskar Challenge is in support of the of the United Nations resolution made in 2014 proclaiming 21 June as the International Day of Yoga-IDY.

Let's come together to uphold the spirit of this ancient and universal practice.

- Register by [clicking on the link](#) or scan the QR code:

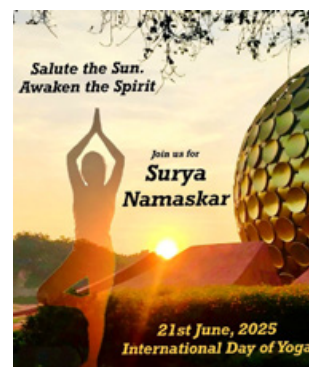
*Nilima and Muthukumari for
AVPEB and Marathon Yoga Team*

AUROVILLE JOINS THE INTERNATIONAL DAY OF YOGA

Surya Namaskar Challenge on 21 June

Taking inspiration from the Auroville Marathon, we are organising a Surya Namaskar Challenge on 21 June to celebrate unity, well-being, and the spirit of yoga. An ancient physical, mental and spiritual practice that originated in India, which today has a universal appeal.

This event will also be in support of the United Nations resolution made in 2014 proclaiming 21 June as the International Day of Yoga. **All are welcome.**



You can choose to participate in the challenge by registering for **one of the 3 levels** given below:

- **Beginner**, आरम्भकः (Ārambhakāḥ)—21 Surya Namaskars. Meaning: One who is starting or initiating something.
- **Intermediate**, मध्यमः (Madhyamāḥ)—54 Surya Namaskars. Meaning: One who is in the middle stage; moderate or intermediate.
- **Advanced**, प्रवीणः (Pravīṇaḥ)—108 Surya Namaskars. Meaning: Skilled, proficient, or advanced in knowledge or practice.

We will share details for registrations and more soon. Stay tuned! #Auroville #YogaDay #SuryaNamaskar #IDY2025

We are also looking for support and collaboration to design, plan, and organise this event.

- Write to us at avpeb@auroville.org.in

*Nilima and Muthukumari
for AVPEB and Marathon Yoga Teams*

HEART WEAVING EXPLORATION

Every Saturday, 4 pm @ Learning Space
(Ex. TLC base camp)

Dear friends, we are happy to announce weekly inner exploration sessions on archetypes in ourselves. Some of the archetypes:

- Victim (Oppressed—Oppressor—Saviour)
- Guardian (Challenger—Trophy—Champion)
- Judge (Accused—Prosecutor—Defender)
- Distractor (Inspirer—Explorer—Beckoner)
- Actor
- Friend
- Dreamer
- Meditator

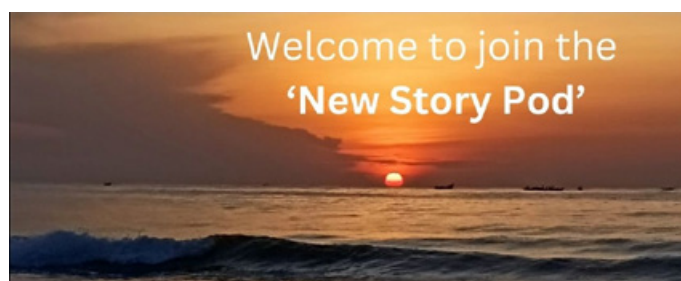
Come, explore hidden parts of yourself, connect with others. What to bring: a friend, paper for sketching, or a notebook (plain pages), crayons/ pencils.

For questions: + 91 8300288303 WA

Submitted by Alexey

NEW STORY POD

Weekly starting on Sunday, 1 June



I'm happy to share with you about an online 'New Story Pod' run by ServiceSpace in which I participated a few years ago and it was quite a transformative experience.

What really moved me was not just the 'content' but also the 'context' of co-creating a kind and non-judgmental space which allows diverse perspectives to lovingly co-exist and creating an environment where we support and bring out the best in each other.

- I'd encourage you to check it out on:
<https://pod.servicespace.org/apply/newstory25>

Welcome to join the next cohort from 1 to 21 June if it resonates and you can give 10—15 hours per week for it.

For Auroville participants, along with a few volunteers I would be happy to hold space for in-person meet-ups for a deeper connection. Also, feel free to share it with someone whom you feel might be interested in this. The entire program is offered in the spirit of gift.

What is a new story you wish to step into?

We invite you to a 21-day experiment to share stories of lived experiences that inform the emergence of a new story. Every day you will receive a carefully crafted prompt and as you submit your reflections each day, you will also get to read other people's stories and interact in wide-ranging ways. Let's live and share our stories rooted in generosity, gratitude, compassion and unity, it's an online program and Auroville participants can also meet in person for a deeper connection.

- For online Pod details + sign-up visit:
pod.servicespace.org.
- For Auroville meet-up, write after 24 May on:
deven@auroville.org.in.

Deven

WORLD GAME SUMMER SPECIAL



World Game Summer Play!

Here is an opportunity to create 'your World' in a box filled with sand. This simple activity, known as 'Sandplay' opens up imagination and intuition, and reveals your own unique living soul.

What people say: "It was a very fluid, immersive and spontaneous experience, with all that one can choose from, play with and place in one's world. What was being built revealed a lot about my life trajectory and future orientation."

The duration of a session is 1,5 hours. It can be individual or together with a good friend. (A parent and child are welcome too.)

- Click to know more: [Adults](#) or [Children](#)
 - <https://spiritandnature.org.in>
- Contact Aikya: +919488084952 WA
 - spiritandnature@auroville.org.in

Aikya

INTEGRAL UNFOLDMENT

Life Coaching (Aletheia Coaching School)



Are you feeling stuck? Looking for a renewed purpose?

Life is an incredible journey, unfolding one chapter at a time. In some moments, it's natural to feel stuck or lost, or longing for a new direction.

I'm here to support those ready to go deeper—beyond the surface—courageously exploring what's emerging and navigating roadblocks with presence and authenticity.

Through a transformative approach inspired by **Internal Family Systems (IFS)**, **Focusing**, and the **Diamond Approach**, we'll uncover your innermost self and help you get unstuck and move forward with clarity and purpose.

By Dave (JOI Anitya),
+44 7564119728 WA

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday **only by appointment** call or WA: 9443635114.



Meha for Auromode SPA

ARKA WELLNESS CENTER

Program

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	- Yoga of Mother and Sri Aurobindo - Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) - Mother's Flower Medicine (vibrational remedy) - Individual Sessions and Groupwork - Psychosomatic Therapy and Breath Therapy - Consciousness/ Energy/ Body Work based on Integral Only by Appointment baritam@auroville.org.in
Pepe	- Body Logic - Soft Massage - Deep Tissue Massage. - Monday to Saturday By Appointment: +91 9943410987
Silvana	- Cranio-sacral - Lomi Lomi - Kahuna massage - Barefoot body massage - Monday to Saturday By Appointment only: +91 9047654157
Antarjyoti (English & French)	- Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I ching oracle - Inner/subpersonalities forces awareness - Monday to Sunday By Appointment only: 0413 2623767 antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral reiki healing - Holotropic technique breathwork - Monday to Sunday By Appointment only: +91 7041391995 narayani-nc@auroville.org.in
Olesya	Visceral massage (it uses manual abdominal pressure to improve health, metabolism, and immunity helping with conditions like gastritis, diabetes, bronchitis, cystitis, hormonal disorders, and migraines) By Appointment only: +91 9159052743 olesya@auroville.org.in
Shruti	Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, By Appointment only: +91 7904769496 auroshruthi@auroville.org.in

Classes

Teachers	Classes	When
Damien	Acroyoga	by Appointment only +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm by Appointment only +91 7867998952
Olesya	Iyengar yoga	Wednesday, Saturday, 6:30—8am Monday, Thursday, Saturday, 5—6:30pm or by Appointment +91 9159052743
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Sunday, 7—8am by Appointment only +91 8012305151/ 9704258709
Priyamvada	Hatha yoga	Monday, 8—9am, Friday, 7:30—8:30am by Appointment +91 9486261640

Services

Aurokiya: Eye Care Center

- Monday & Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & Women Wellness

- morningstar@auroville.org.in

Maatram: Psychological & Psychiatric Consultation

- By appointment, +91 9087709434
maatram@auroville.org.in

Convalescence Facility: Post-Surgical and Care Facility

- For Aurovilians only, Max. stays 3 weeks
- Please contact Arka
0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & Emergency Service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic Consultation

- By appointment: +91 9428429642
adititva@auroville.org.in

Health & Healing Trust: Administration Office

- Health & Healing Trust
healthhealingtrust@auroville.org.in

Ramana, Arka

MANTRAS & STOTRAS

Traditional Chanting Class

Friday, 5pm (regular class) @ Serendipity Community



Mantras & Stotras

Traditional Chanting Class

@ Serendipity Community With Sonia Novaes

- ✓ Friday - 5 pm (regular class)
- ✓ Drop-in classes available for individuals or groups - book your session

Info: serendipityauroville@gmail.com | +91 8940288090

+91 8940288090, serendipityauroville@gmail.com

Sonia

VÉRITÉ PROGRAM

Please contact Vérité
@ 0413 2622045, 2622606,
9363624083

or programming@verite.in, www.verite.in



Yoga & Other Classes

Days	Drop-in Classes	Timings	Presenters
Mon-day	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Deep Sound Bath	5—6pm	Satyayuga
Tues-day	Sivananda Hatha Yoga (No class on 27 May)	7:30—8:30am	Nikki
	Slowing Down Through Yoga	5—6pm	Dharani
Wed-nesday	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
Thurs-day	Sivananda Hatha Yoga (No class on 29 May)	7:30—8:30am	Nikki
	Deep Sound Bath	5—6pm	Satyayuga
Friday	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Taralaya Flow Dance (no class on 2 May)	5—6:30pm	Vera
Satur-day	Slowing Down through Yoga	7:30—8:30am	Dharani
	Deep Sound Bath	5—6pm	Satyayuga
	Sivananda Hatha Yoga (No class on 24 & 31 May)	5—6pm	Nikki

Treatments and Therapies

Therapist	Therapies (by appointment only)
Dharani	Yoga as Therapy
Mamta	Face & Neck Massage
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
Parvathi	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Radhika	Birenda Massage
	Craniosacral Therapy
	Integrated Craniosacral Therapy & Foot Reflexology
Raja	Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Susan	Heart-Centered Resilience
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage

Aparna & Anandhi

PITANGA CULTURAL CENTRE



Closed in June

Dear friends, it's time for annual repair work: Pitanga will close to the public **from Monday, 2 June, onwards**.

We will come back to you by the end of June with a new program. Meanwhile, we wish you a good summer!

If you wish to receive our program of activities by email, please write to us. See you at Pitanga, with a smile!

2622403/ 9443902403 WA, info@pitanga.in,

Andrea for Pitanga Team

It Matters

Schedule

Weekly Activities—A/C Room

All activities are:

Rs. 500 for guests and 50% discount for Aurovilians/ Newcomers/ Savi registered volunteers.

Extra discount vouchers available, only for weekly activities, not for workshops.

- It Matters Café is open now!
- Workshop pre registrations:
 - itmatters@auroville.org.in,
 - or +91 9344087925 WA

ITMATTERS.AUROVILLE.ORG

@AUROVILLE.CURATED

LOCATION:
Auroville Main Road
Kuilapalayam

Date	Workshops in May
31, Saturday, 3:30—5:30pm	Intro to Contemplative Studies (Critical Subjectivity) with Anshul. Free contribution, Rs 1—1000

*Pre-registration for Workshops is required

More info on instagram: @auroville.curated

Saranya for It Matters

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.

Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

Leela therapy is offered by Kardash in person or on-line.

- For more details see www.innersightav.org or Kardash +91 9940934875 WA.
- Please note updated timings:
 - Mornings: Monday & Wednesday,
 - Afternoons: Tuesday & Thursday
 - Full Day: Alternate Friday or Saturday



Kardash

SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits.



- By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.
- By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

- **Contact** 9385428400 call/ WA to book your session today! Donation Based

Submitted by Isha

UPCOMING MINDFULNESS OFFERING with Helen

Mindfulness for Stress Reduction 1 week course

- **Monday, 2 June—Saturday, 7 June**
- 7:15—9:15, Monday to Friday & 9am—3:30pm, Saturday

The Mindfulness Based Stress Reduction (MBSR) course is recognized worldwide as the gold standard in mindfulness meditation, with extensive research supporting its health & wellbeing benefits. It can help with anxiety, stress, depression, management of chronic pain, diabetes, blood sugar levels, immune functioning & menopausal symptoms. It can also improve emotional regulation, increase focus & build resilience.



We learn to observe our internal experiences with gentle curiosity. This awareness helps us recognise our reactive patterns to everyday stresses, how these reactions manifest in our bodies and mind, and the impacts it has on ourselves and those around us. The course teaches practical tools—including focused awareness, curiosity, acceptance, patience, and compassion—that can help us to soften our inner knots and offer the possibility of making healthier choices for improved wellbeing.

The course synthesises ancient Eastern spiritual practices and wisdom with emerging findings from neuroscience, positive psychology & Mind-Body Medicine.

All are welcome—whether you're new to meditation, wanting to learn new tools to deepen your practice or looking to integrate mindfulness into your work, or just curious. The course is guided by Helen, a qualified MBSR teacher with a certificate in Trauma Sensitive Mindfulness.

- **Pre-registration is required.** Contact Helen on +91 7094753054 WA or visit innersightav.org

Helen & Nikethana

Languages

LEARN ENGLISH AND HINDI

- **Learn spoken/ written English and Hindi** language for fluency and confidence!
- **For more information** contact Ashwini: 8270512606.

Ashwini, Aspiration

NEWS FROM AUROVILLE LANGUAGE LAB 29 May, 2025

Courses

Current Schedule of Classes as of 29 May

See details here:

- <https://aurovillelanguagelab.org/current-schedule/>



Tomatis

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguagelab.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance.

- Send an email to tomatis@aurovillelanguagelab.org.

Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

- Resonance, the book!
Check it out:
<https://books.aurovillelanguagelab.org>
- To enquire or register:
tomatis@aurovillelanguagelab.org or call 0413 2622467 or 3509932.

Japanese for Beginners

We are pleased to announce the launch of a comprehensive Japanese course for beginners, designed to follow a structured syllabus using the renowned textbooks "Min-nano Nihongo—Books 1 and 2". This program spans 1.5 years, with classes held once a week for 1.5 hours. Students will be required to purchase the textbooks.

The course will be taught by Naoko d'Anjou, a professionally trained instructor in Japanese language education. We are fortunate to have her expertise guiding this class.

We are seeking three highly committed students who are prepared to fully engage with the coursework. In addition to weekly classes, students will be expected to complete assignments and dedicate time for self-study and review outside of class. The course will be conducted entirely in Japanese, without translation, to create an immersive learning environment.

This program places a strong emphasis on mastering Japanese sentence patterns, oral communication, reading, writing, and kanji. Our goal is for students to reach JLPT N4 proficiency within six months and JLPT N5 within one year. Consistent pre-class preparation and post-class review are essential.

If you are ready to commit to this 1.5-year journey and are serious about learning Japanese, please send an email to info@aurovillelanguage.org with the subject line: "Japanese".

The moment we get the required minimum of 3 registered students will determine the course start date.

Course Objectives:

- Learn beginner Japanese using "Min-nano Nihongo—Books 1 and 2"
- Study kanji alongside grammar and vocabulary
- Focus on sentence patterns, oral practice, reading, and writing
- Achieve JLPT N4 level in 6 months, and N5 in one year
- Commit to weekly self-study and review

We welcome your inquiries and look forward to hearing from dedicated learners ready to embark on this rewarding language journey.

So far, we have received just one (1) serious registration; unless we get at least two (2) more we will have to cancel the offering.

Call for Arabic Language Teacher

We are seeking a dedicated Arabic teacher for one-on-one lessons. The ideal candidate will possess a native-level command of Arabic, along with a passion for language instruction. Prior teaching experience and the ability to tailor lessons to individual student needs are desirable.

If you are enthusiastic about sharing your expertise and helping learners achieve fluency, we would love to hear from you! To apply, please send a brief cover email outlining your experience to:

- info@aurovillelanguage.org.

French classes with Auroasha and Jade

Auroasha is pleased to offer a new beginner French course, starting 7 May and continuing through June. This course is designed for complete beginners who wish to start their journey in learning the French language and culture.

Course Details:

- **Instructor:** Auroasha
- Wednesdays and Fridays, 3—4:30pm
- Starting 7 May, open to all adult beginners

Auroasha's classes will focus on building foundational skills in French, including essential grammar, vocabulary, and pronunciation, through interactive and practical activities. The aim is to help participants gain confidence and fluency in everyday communication, as well as an appreciation for Francophone culture.

Additionally, Jade will be offering a dedicated beginner French course exclusively for children. This course will run on the same days and at the same time as Auroasha's, providing a supportive and engaging environment tailored to young learners.

Children's Course Details:

- **Instructor:** Jade
- Schedule: Wednesdays and Fridays, 3—4:30pm
- Starting 7 May. Children only (15yrs and under)

Both courses emphasize active participation and practical language use, ensuring that learners can quickly begin to communicate in French and understand the basics of the language.

For more information or to register, please contact the Language Lab at info@aurovillelanguage.org. Don't miss this opportunity to start learning French in a friendly and supportive setting!

Private and group classes for English

Rupam: Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.

Vismai: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Beginner English with Ashwini:

- Wednesday and Friday, 4:30—5:30pm

Ashwini will take on a new group of students and work through her proven English lesson plans that she has been giving for over a decade.

Head on over to the Lab's online form and complete your registration now so that we can keep you posted! <https://aurovillelanguagelab.org/registration/>

Spoken Hindi for Beginners with Ashwini

- New class starting in June with specific dates to be confirmed, Wednesdays and Fridays, 5:30—6:30pm

Brush up your language proficiency with this 12-hours Hindi crash course. We will fast-track our way to acquiring an essential vocabulary for everyday conversations using techniques to speak effectively and confidently. This will be supplemented with quick and widely applicable grammar tips.

Tamil (Beginner) with Saravanan

- Next course starting in June. Exact dates to be confirmed (TBC)

Especially suitable for those who have gone through a beginner level, this course will help you apply the fundamentals acquired earlier while gaining confidence in conversational Tamil. Our fun, interactive lessons and supportive environment will make it easy and enjoyable.

Beginner Spanish Course with Mila

- New class starting in August with specific dates to be confirmed, Mondays and Wednesdays, 2:30—4pm

This comprehensive beginner Spanish course, led by our veteran instructor Mila, is designed to equip you with the fundamental skills needed to understand and speak Spanish. Over the course of three months (36 hours), you will delve into essential grammar, vocabulary, and pronunciation, enabling you to engage in basic conversations and navigate everyday situations in Spanish. Whether you're planning a trip to a Spanish-speaking country or simply want to expand your language skills, this course offers a supportive and immersive learning environment to kick-start your Spanish language journey.

Italian—Beginner Level

- Registration Open

Our long time Italian teacher Karuna, with years of experience would love to start a new class. So, if you've been thinking about starting or getting back into learning Italian, please do register your interest online.

<https://aurovillelanguagelab.org/registration/>

Current Schedule of Classes as of 22 May

Language	Level	Time	Day(s) of Classes
English	The English of Shakespeare	9:30—10:30am	Tuesday & Thursday Monthly with Rupam
	Pre-Intermediate & Intermediate	10:30—11:30am	Tuesday & Thursday Monthly with Rupam
	Creative Writing	9:30—10:30am	Monday & Wednesday Monthly with Rupam
	Learn English through theatre	11am—12pm	Monday & Wednesday Monthly with Rupam
	Beginner with Ashwini	4:30—5:30pm	Wednesday & Friday
	Kids with Ashwini	4:30—6pm	Tuesday & Thursday
French	Beginner Adults	3—4:30pm	Wednesday & Friday with Auroasha
	Beginner Children	3—4:30pm	Wednesday & Friday with Jade
Tamil	Beginner	9:30—10:30am	Starting June—TBC with Saravanan
Hindi	Spoken Beginner	5:30—6:30pm	Wednesday & Friday with Ashwini
Italian	Beginner	TBC	Registration Open with Karuna

Reminder about our free Evening Programs

The evening conversation classes are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions happen week-days from 5 to 6pm as follows:

- **Mondays:** French
 - with Isabelle (1st, 3rd and 5th week of the month)
 - with Coco and Gaspard (2nd and 4th week of the month)
- **Tuesdays:** Spanish with Gloria
- **Thursdays:** We are looking for a new anchor to host one more meet-up for English.
- **Fridays:** Conversational Hindi with Smriti, 5—6pm

We are still looking for native speakers to facilitate German, Italian and English conversation. Actually, any week-day from 5—6pm is open for people to offer their language. Big thanks to Darren for his time and presence for English the last few months, and to Isabelle and Patricia for French.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Communication with the Lab

Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).

- For language-related matters: +91 9843030355WA.
- For Tomatis please use 0413 3509932.

*Mita, Mano, Louis & Vismai
for Auroville Language Lab*



Cinema

AUROFILM



Attention!

Dear film lovers, we inform you that in the upcoming months from April to June, Aurofilm will not screen its Friday movies at the MMC auditorium/ Cinema Paradiso.

We hope to **return in July** after the summer!

We hope to **raise enough financial support** to continue promoting the best values of Cinema as a service to the community!

Therefore, Aurofilm is happy to announce that it has been accepted as an AVI USA partner.

Here we are sharing the link to support us. You can consider becoming a monthly supporter!

- <https://give.aviusa.org/page/AuroFilm>
- Or, you can make your contribution through our financial collection account number **252658**.

We look forward to seeing you at our studio in Kalabhumi!

Note: Contributions are very welcome!

- Aurofilm Collection Acc. No. **252658**

Susana and Aurofilm team

ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served
- 21:15 Free bus from Sadhana Forest back to Solar Kitchen



Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note: Families and children are welcome! Dinner for children will be served at 19:00. :)

Friday, 30 May

Global renewables:

Pioneering the energy transition

40 mins/ 2023/ DW

The documentary provides a global overview of the solutions that already exist for a worldwide transition to renewable energy. It also looks into what challenges still need to be overcome—not only in the laboratories and power plants, but also among the movers and shakers who drive the change today.



Aviram

AUROVILLE STORIES: 1968–2068



Sharing why we came and where we might go together

Submitted by Sivakumar



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
2—8 June

Cinema Paradiso—Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday 2 June, 8pm
Superboys of Malegaon

India, 2024, Writer-Dir. Reema Kagti w/ Adarsh Gourav, Shashank Arora, Vineet Kumar Singh, and others, Comedy-Drama, 127mins, Hindi w/ English subtitles, Rated: PG-13

Remember the documentary Superman of Malegaon we had screened? This film brings to life the inspiring journey of Nasir Shaikh, the amateur filmmaker behind it. In a town where Bollywood offers a much-needed escape, Nasir dreams of making a film for and for the people of Malegaon. With his ragtag team, he turns that dream into reality, injecting joy, hope, and creativity into his community. A heartfelt celebration of filmmaking, friendship, and the magic that happens when passion meets perseverance. A film you cannot miss!

Potpourri—Tuesday 3 June, 8pm
The Breakfast Club

USA, 1985, Writer-Dir. John Hughes w/ Emilio Estevez, Judd Nelson, Molly Ringwald, and others, Coming of Age-Drama, 97mins, English w/ English subtitles, Rated: R

Five high school students—Claire, Andrew, John, Brian, and Allison—from different social circles find themselves stuck in a Saturday detention under strict supervision. Assigned an essay on identity, they begin as stereotypes but, through unexpected connections and conflicts, unravel deeper truths about themselves and each other, reshaping their views before the day ends. A much-acclaimed film of the time!

Selection—Wednesday, 4 June, 8pm
Chocolat

UK-USA, 2000, Dir. Lasse Hallström w/ Juliette Binoche, Johnny Depp, Judi Dench, and others, Drama-Romance, 121 mins, English-French w/ English subtitles, Rated: PG-13

In 1959, a quiet French village follows strict traditions—until Vianne Rocher and her daughter Anouk arrive, opening a chocolaterie that disrupts the town's rigid moral order. As indulgence clashes with abstinence, Vianne faces resistance from Le Comte de Reynaud, the town's self-appointed guardian of virtue. But through kindness, courage, and chocolate, she challenges deep-seated beliefs, awakening hidden desires and long-buried truths. A film to revisit from time to time!

Interesting—Thursday, 5 June, 8pm
The Salt of the Earth

France-Italy-Brazil, 2015, Writer-Dir. Juliano Ribeiro Salgado & Wim Wenders w/ Sebastião Salgado, Wim Wenders, Lélia Wanick Salgado, and others, Biography-Documentary, 110 mins, French-English-Portuguese w/ English subtitles, Rated: PG-13

It is a stunning documentary that follows the life and work of Sebastião Salgado, a photographer who spent decades capturing humanity's struggles and resilience across the globe. From war zones to untouched landscapes, his lens revealed the beauty and brutality of our world. But beyond photography, Salgado was a humanist and environmentalist, restoring thousands of acres of land in Brazil. As we revisit this film, we bid farewell to an extraordinary soul whose vision and compassion shaped the world forever. Salut!

International—Saturday, 7 June, 8pm
La Cocina (The Kitchen)

Mexico-USA, 2024, Writer-Dir. Alonso Rizapalacios w/ Raúl Briones, Rooney Mara, James Waterston, and others, DarkComedy-Romance, 139mins, English-Spanish-French-Arabic w/ English subtitles, Rated: R

In the underground kitchen of The Grill, a chaotic New York City restaurant, immigrant workers hustle through relentless shifts. Pedro, a fiery cook, fights for his future with Julia, a waitress torn between love and survival. As tensions rise, stolen money, broken dreams, and desperate choices collide, exposing the raw struggles of those chasing the elusive American dream.

Children's Matinee—Sunday, 8 June, 4pm
Rio

USA-UK, 2011, Writer-Dir. Carlos Saldanha w/ Jesse Eisenberg, Anne Hathaway, George Lopez, and others, Animation-Adventure, 96mins English-Portuguese-Arabic-Spanish-Brazilian Sign Language w/ English subtitles, Rated: G

Blu, a domesticated macaw who never learned to fly, enjoys a comfortable life with Linda in the USA, is taken to Rio to meet Jewel, the last female of his species. He's kidnapped. Chained together w/ Linda, they escape with help from street-smart birds, in the chaotic whirlwind of Carnival to reclaim their freedom.

Ciné-Club Sunday, 8 June, 8pm
La Piel Que Habito (The Skin I Live in)

Spain-USA, 2011, Dir. Pedro Almodovar w/ Antonio Banderas, Elena Anaya, and Others, Drama-Thriller, 120 mins, Spanish w/ English subtitles, Rated: R

In honor of his late wife, Dr. Robert Ledgard obsessively works to create indestructible skin, resistant to burns and injury. As he nears perfection on his flawless patient, skepticism grows within the scientific community. But buried secrets unravel, exposing a disturbing past and a connection to tragedies he desperately wishes to forget.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at mmcauditorium@auroville.org.in.

We are facing challenges in maintaining and replacing equipment, as well as providing essential support for visiting filmmakers who share their work in person. We kindly request you to set up a recurring contribution for "MMC-CP" or "Filmmaker-guest Expense" via Unity Fund or make a one-time donation there. Your support is crucial in sustaining this effort, thank you for being part of it!

Nina for MMC/CP Group Account# 105106,
mmcauditorium@auroville.org.in

About N&N

NEWS AND NOTES



Guidelines

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

The aim of New and Notes is to support any idea, that can shift Auroville as a community towards solutions:

- *If you see the problem and can share creative and constructive ways of sorting it out, we will print your article.*
- *If you are unsatisfied how the things are going on and simply want to express your frustration, we will not.*

Visiting hours:

- Monday & Tuesday, 10am—12pm
in N&N office in Multi Media Center

Hard deadline for submissions:

- Tuesday 3pm

Poster to publish:

- Width 9.5cm x Height 4cm

Katiya & Alexey,

NewsAndNotes@auroville.org.in

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

No Bus Service from 30 May to 1 June

Raju for AV Bus Service